

Weekly Lunch Menu



The Windsor
SENIOR LIVING COMMUNITY

Resident Name: _____

Apartment #: _____

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
10/26/2026	10/27/2026	10/28/2026	10/29/2026	10/30/2026	10/31/20206	11/1/2026
SOUP	SOUP	SOUP	SOUP	SOUP	SOUP	SOUP
CHICKEN NOODLE	CREAM OF BROCCOLI	CAULIFLOWER	ITALIAN WEDDING	SEAFOOD GUMBO	TOMATO	CREAM OF SPINACH
SALAD	SALAD	SALAD	SALAD	SALAD	SALAD	SALAD
GREEN W/ EGG OR CUCUMBER & TOMATO	GREEN W/ OLIVE OR PEAR SALAD	GREEN W/ CUCUMBER OR MEDITERRANEAN APPLE SALAD	CAESAR OR ARTICHOKE & OLIVE	GREEN W/ TOMATO OR COLESLAW	GREEN W/ ONION OR COTTAGE CHEESE W/ PEACHES	GREEN W/ CROUTON OR JELLO
ENTRÉE	ENTRÉE	ENTRÉE	ENTRÉE	ENTRÉE	ENTRÉE	ENTRÉE
RED BEANS W/ SAUSAGE OR CHICKEN SPAGHETTI	SWEET & SOUR CHICKEN OR BEEF & BROCCOLI	HAMBURGER STEAK W/ ONIONS OR SHRIMP N' GRITS	SWEET CHILI WINGS OR RAVIOLI	FRIED CATFISH OR GRILLED SHRIMP OR CHEESY MEAT PATTIES	GLAZED HAM OR GRILLED CHEESE W/ TOMATO SOUP	BLACKEN CHICKEN BREAST OR GRILLED PORK CHOPS
SIDES	SIDES	SIDES	SIDES	SIDES	SIDES	SIDES
RICE SMOTHERED SPINACH BRUSSEL SPROUTS	EGG ROLLS FRIED RICE GINGER SESAME CAULIFLOWER CAPRI VEGGIES	MASHED POTATOES GREEN BEANS MIXED VEGGIES	GLAZED BAKED SWEET POTATO LIMA BEANS ROASTED OKRA	CORN NUGGETS GREENS CORN ON COB	PRINCESS POTATOES BROCCOLI PEAS	MASHED POTATOES GRILLED SQUASH GLAZED CARROTS
DESSERT	DESSERT	DESSERT	DESSERT	DESSERT	DESSERT	DESSERT
PINAPPLE UPSIDE DOWN CUP CAKES OR S/F CAKE	CHEESE CAKE PIE OR S/F ICE CREAM	BANANA CAKE OR S/F CAKE	FRUIT PIES OR S/F PIE	ASSORTED COOKIES OR S/F COOKIES	MOUSEE OR S/F MOUSEE	TIRAMISU OR S/F ICE CREAM
BREAD	BREAD	BREAD	BREAD	BREAD	BREAD	BREAD
CORN BREAD	WHEAT ROLL	GARLIC BREAD	YEAST ROLLS	HUSHPUPPIES	WHEAT ROLLS	YEAST ROLLS