

Weekly Lunch Menu



The Windsor
SENIOR LIVING COMMUNITY

Resident Name: _____

Apartment #: _____

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
9/7/2026	9/8/2026	9/9/2026	9/10/2026	9/11/2026	9/12/2026	9/13/2025
SOUP	SOUP	SOUP	SOUP	SOUP	SOUP	SOUP
CHICKEN NOODLE	CHICKEN & SAUSAGE GUMBO	FRENCH ONION	MINESTRONE	SEAFOOD GUMBO	CREAM OF BROCCOLI	TOMATO
SALAD	SALAD	SALAD	SALAD	SALAD	SALAD	SALAD
GREEN W/ EGG OR CUCUMBER & TOMATO	GREEN W/ OLOIVE OR POTATO SALAD	GREEN W/ CUCUMBER OR PEAR SALAD	CAESAR OR MEDITERRANEAN APPLE SALAD	GREEN W/ TOMATO OR COLESLAW	GREEN W/ ONION OR PASTA SALAD	GREEN W/ CROUTON OR MARINATRED BEETS
ENTRÉE	ENTRÉE	ENTRÉE	ENTRÉE	ENTRÉE	ENTRÉE	ENTRÉE
RED BEANS W/ SAUSAGE OR CATFISH MONICA	SMOTHERED CHICKEN OR CRAWFISH ETOUFEE	BEEF NACHOS OR SPAGHETTI & MEATBALLS	HAMBURGER STEAK OR FRIED CHICKEN	FRIED SHRIMP OR GRILLED CATFISH OR PEPPERONI PIZZA	BEEF STEW OR HERB ROAST CHICKEN	TERIYAKI WINGS OR TURKEY BREAST W/ GRAVY
SIDES	SIDES	SIDES	SIDES	SIDES	SIDES	SIDES
RICE GRILLED SQUASH GREEN BEANS	RICE SMOTHERED SPINACH GLAZED CARROTS	SCALLOPED POTATOES CORN MIXED VEGGIES	MASHED POTATOES CAPRI VEGGIES CAULIFLOWER	FRIED MUSHROOMS GREENS CORN ON COB	RICE PEAS & ONIONS CABBAGE	YELLOW RICE BROCCOLI CANDIED SWEET POTATOES
DESSERT	DESSERT	DESSERT	DESSERT	DESSERT	DESSERT	DESSERT
CHOCOLATE CUP CAKES OR S/F CAKE	BROWNIES OR S/F ICE CREAM	BANANA PUDDING OR S/F PUDDING	EGG CUSTERED PIE OR S/F ICE CREAM	ICE CREAM SUNDAE OR S/F SUNDAE	MOUSEE OR S/F ICE CREAM	ICE CREAM SANDWICH OR S/F ICE CREAM
BREAD	BREAD	BREAD	BREAD	BREAD	BREAD	BREAD
CORN BREAD	WHEAT ROLL	GARLIC BREAD	YEAST ROLLS	HUSHPUPPIES	WHEAT ROLLS	YEAST ROLLS