

Weekly Lunch Menu



The Windsor
SENIOR LIVING COMMUNITY

Resident Name: _____

Apartment #: _____

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
9/28/2026	9/29/2026	9/30/2026	10/1/2026	10/2/2026	10/2/2026	10/3/2026
SOUP	SOUP	SOUP	SOUP	SOUP	SOUP	SOUP
TOMATO & ARTICHOKE	CHICKEN & WILD RICE	CHICKEN NOODLE	CHEESEBURGER	SEAFOOD GUMBO	FRENCH ONION	TOMATO
SALAD	SALAD	SALAD	SALAD	SALAD	SALAD	SALAD
GREEN W/ EGG OR CUCUMBER & TOMATO	GREEN W/ OLIVE OR JELLO	GREEN W/ CUCUMBER OR PEAR SALAD	CAESAR OR POTATO SALAD	GREEN W/ TOMATO OR COLESLAW	GREEN W/ ONION OR COTTAGE CHEESE W/ PEACHES	GREEN W/ CROUTON OR MARINATED BEETS
ENTRÉE	ENTRÉE	ENTRÉE	ENTRÉE	ENTRÉE	ENTRÉE	ENTRÉE
WHITE BEANS W/ SAUSAGE OR CHICKEN ALFREDO W/ PASTA	SHEPARDS PIE OR GRILLED LIVER W/ ONIONS	ITALIAN SAUSAGE W/ SPAGHETTI & PEPPERS OR SHRIMP ETOUFEE	RIBS OR BBQ LEG QUARTERS	FRIED CATFISH OR GRILLED SHRIMP OR HONEY BBQ WINGS	SMOTHERED CHICKEN OR FRIED PORK CHOPS	BLACKENED CHICKEN BREAST OR ROASTED TURKEY W/GRAVY
SIDES	SIDES	SIDES	SIDES	SIDES	SIDES	SIDES
RICE BABY LIMA BEANS GREEN BEANS	MASHED POTATOES PEAS & CARROTS CAULIFLOWER	SPAGHETTI BROCCOLI GLAZED CARROTS	MAC & CHEESE COWBOY BEANS CORN ON COB	CORN NUGGETS GREENS MIXED VEGGIES	BAKED SWEET POTATO CREAM SPINACH GREEN BEANS	MASHED POTATO CORN CAPRI VEGGIES
DESSERT	DESSERT	DESSERT	DESSERT	DESSERT	DESSERT	DESSERT
PECAN PIE OR S/F ICE CREAM	LEMON CAKE OR S/F CAKE	BROWNIE OR S/F ICE CREAM	ICE CREAM SUNDAE OR S/F ICE CREAM	ASSORTED COOKIES OR S/F COOKIES	CHEESE CAKE PIE OR S/F ICE CREAM	ICE CREAM SANDWICH OR S/F ICE CREAM
BREAD	BREAD	BREAD	BREAD	BREAD	BREAD	BREAD
CORN BREAD	WHEAT ROLL	GARLIC BREAD	YEAST ROLLS	HUSHPUPPIES	WHEAT ROLLS	YEAST ROLLS