

# Weekly Lunch Menu



*The Windsor*  
SENIOR LIVING COMMUNITY

Resident Name: \_\_\_\_\_

Apartment #: \_\_\_\_\_

| MONDAY                                            | TUESDAY                                     | WEDNESDAY                                     | THURSDAY                                                 | FRIDAY                                                      | SATURDAY                                      | SUNDAY                                                |
|---------------------------------------------------|---------------------------------------------|-----------------------------------------------|----------------------------------------------------------|-------------------------------------------------------------|-----------------------------------------------|-------------------------------------------------------|
| 9/14/2026                                         | 9/15/2026                                   | 9/16/2026                                     | 9/17/2026                                                | 9/18/2026                                                   | 9/19/2026                                     | 9/20/2026                                             |
| <b>SOUP</b>                                       | <b>SOUP</b>                                 | <b>SOUP</b>                                   | <b>SOUP</b>                                              | <b>SOUP</b>                                                 | <b>SOUP</b>                                   | <b>SOUP</b>                                           |
| TOMATO & ARTICHOKE                                | LOADED POTATO                               | CHEESEBURGER                                  | FRENCH ONION                                             | SEAFOOD GUMBO                                               | CHICKEN & WILD RICE                           | VEGETABLE                                             |
| <b>SALAD</b>                                      | <b>SALAD</b>                                | <b>SALAD</b>                                  | <b>SALAD</b>                                             | <b>SALAD</b>                                                | <b>SALAD</b>                                  | <b>SALAD</b>                                          |
| GREEN W/ EGG<br>OR<br>CUCUMBER & TOMATO           | GREEN W/ OLIVE<br>OR<br>POTATO SALAD        | GREEN W/ CUCUMBER<br>OR<br>JELLO              | CAESAR<br>OR<br>COTTAGE CHEESE W/<br>PEACHES             | GREEN W/ TOMATO<br>OR<br>COLESLAW                           | GREEN W/ ONION<br>OR<br>PASTA & CRAB SALAD    | GREEN W/ CROUTON<br>OR<br>MARINATED BEETS             |
| <b>ENTRÉE</b>                                     | <b>ENTRÉE</b>                               | <b>ENTRÉE</b>                                 | <b>ENTRÉE</b>                                            | <b>ENTRÉE</b>                                               | <b>ENTRÉE</b>                                 | <b>ENTRÉE</b>                                         |
| WHITE BEANS W/ SAUSAGE<br>OR<br>CHICKEN SPAGHETTI | RIBS<br>OR<br>BBQ LEG QUARTERS              | BEEF BURRITO<br>OR<br>CHICKEN ENCHILADA       | GRILLED LIVER W/<br>ONIONS<br>OR<br>CHEESY MEAST PATTIES | FRIED SHRIMP OR<br>GRILLED CATFISH OR<br>HERB BAKED CHICKEN | CHICKEN STRIPS<br>OR<br>POT ROAST W/ VEGGIES  | BLACKENED CHICKEN<br>BREAST<br>OR<br>FRIED PORK CHOPS |
| <b>SIDES</b>                                      | <b>SIDES</b>                                | <b>SIDES</b>                                  | <b>SIDES</b>                                             | <b>SIDES</b>                                                | <b>SIDES</b>                                  | <b>SIDES</b>                                          |
| RICE<br>GRILLED CABBAGE<br>PEAS W/ ONIONS         | MAC & CHEESE<br>COWBOY BEANS<br>CORN ON COB | REFIRED BEANS<br>MEXICAN CORN<br>MEXICAN RICE | MASHED POTATOES<br>SMOTHERED GREEN<br>BEANS<br>BROCCOLI  | FRENCH FRIES<br>GREENS<br>CORN ON COB                       | RICE PILAF<br>PEAS & CARROTS<br>MIXED VEGGIES | PRINCESS POTATOES<br>SMOTHERED OKRA<br>CORN           |
| <b>DESSERT</b>                                    | <b>DESSERT</b>                              | <b>DESSERT</b>                                | <b>DESSERT</b>                                           | <b>DESSERT</b>                                              | <b>DESSERT</b>                                | <b>DESSERT</b>                                        |
| BOSTON CREAM PIE<br>OR<br>S/F PIE                 | LENOM CUP CAKES<br>OR<br>S/F CAKE           | TRESE LECHEs CAKE<br>OR<br>S/F CAKE           | BREAD PUDDING<br>OR<br>S/F PUDDING                       | COCONUT CAKE<br>OR<br>S/F CAKE                              | LEMON PIE<br>OR<br>S/F ICE CREAM              | CARROT CAKE<br>OR<br>S/F CAKE                         |
| <b>BREAD</b>                                      | <b>BREAD</b>                                | <b>BREAD</b>                                  | <b>BREAD</b>                                             | <b>BREAD</b>                                                | <b>BREAD</b>                                  | <b>BREAD</b>                                          |
| CORN BREAD                                        | WHEAT ROLL                                  | GARLIC BREAD                                  | YEAST ROLLS                                              | HUSHPUPIES                                                  | WHEAT ROLLS                                   | YEAST ROLLS                                           |